THE UNIVERSITY of EDINBURGH



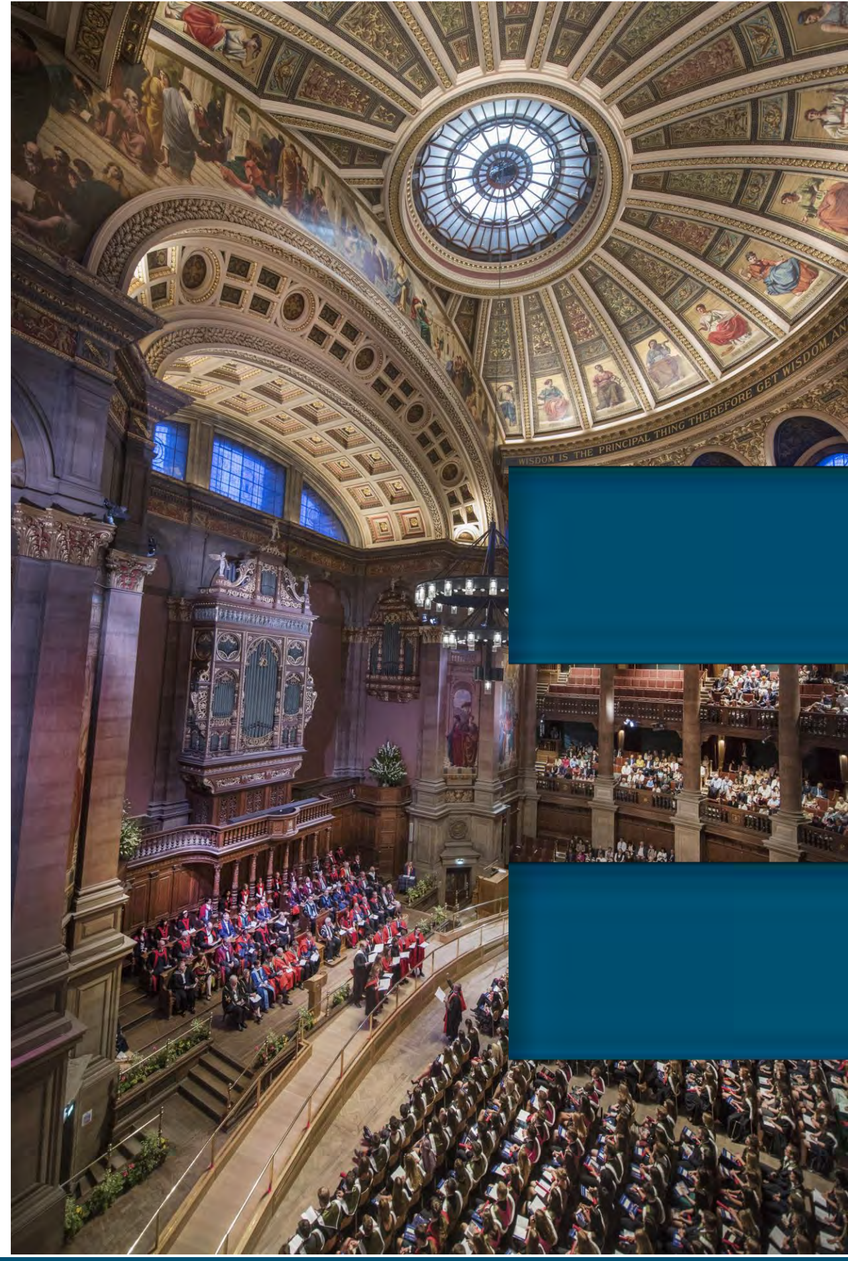
MSc Global Mental Health and Society

Dr Anna Chiumento | Co-Programme Director
Dr Sumeet Jain | Co-Programme Director

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Extraordinary futures await

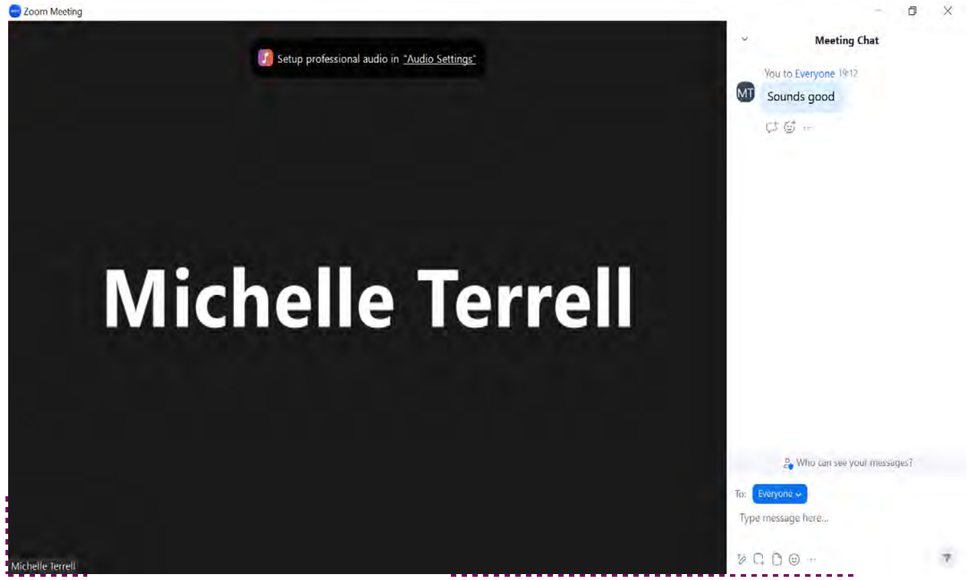
Welcome live from Edinburgh!

- Audio Check
- Hearing from a current student
- Introductions
- Programme Structure
- Studying and Learning
- Question and Answer
- Next steps



Audio check (Zoom)

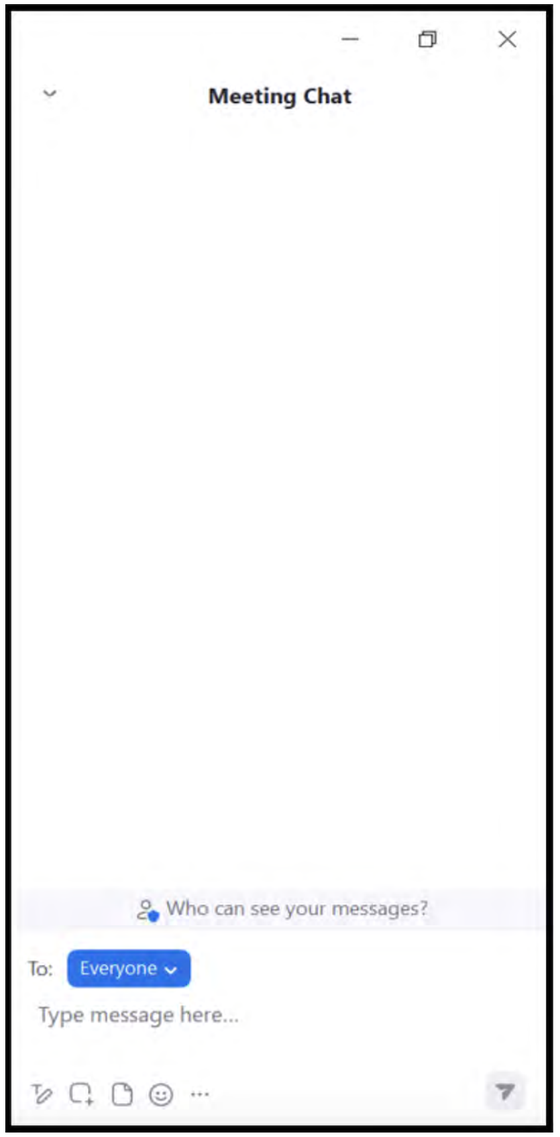
- In this session your microphone will be muted, but you should be able to hear the speaker
- Can you hear the presenter speaking?
- Please type **yes** or **no** in the “Text chat area”



- If you can’t hear:
  - Check your Audio/visual settings in Zoom
  - Try signing out and signing back into the session
  - Type into the meeting chat box and a moderator will try to assist you

Asking questions

- Please hold all questions until the end of the formal presentation
- Questions should be posted in the chat area found in your Zoom Panel or you can unmute to ask your question
- We will work through your questions one-by-one at the end of the session



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Introductions

MSc Global Mental Health and Society

Dr Anna Chiumento
Lecturer in Global Mental Health & Society

- Interdisciplinary background
- Global Mental Health field for 12+ years
  - Refugees, asylum seekers, forcibly displaced populations
  - Post-conflict/humanitarian mental health
  - Spanning life-course
  - Intervention development & testing
  - Methodological considerations in GMH research
- Qualitative applied social sciences
- Specialist interest in ethical / normative dimensions to GMH research and care

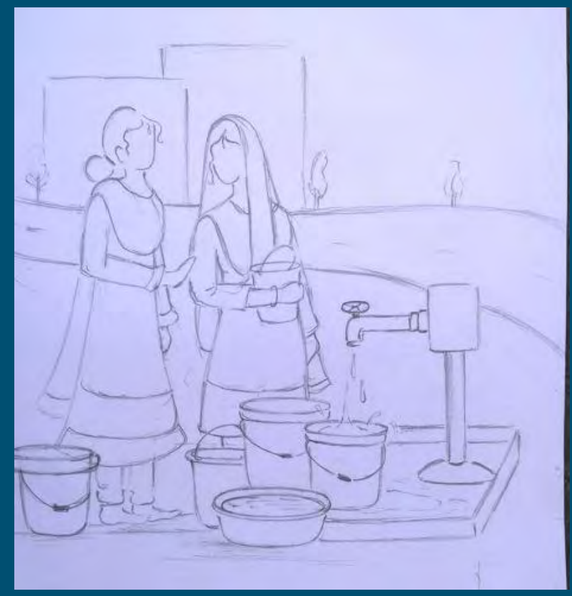
E-mail: achiumento@ed.ac.uk
Twitter: @achiumento



Social dimensions of global mental health

- What does ‘recovery’ mean in northern India?
- What factors are important to support social inclusion of people with psycho-social disabilities?
- Two short films: shorturl.at/hnqtP



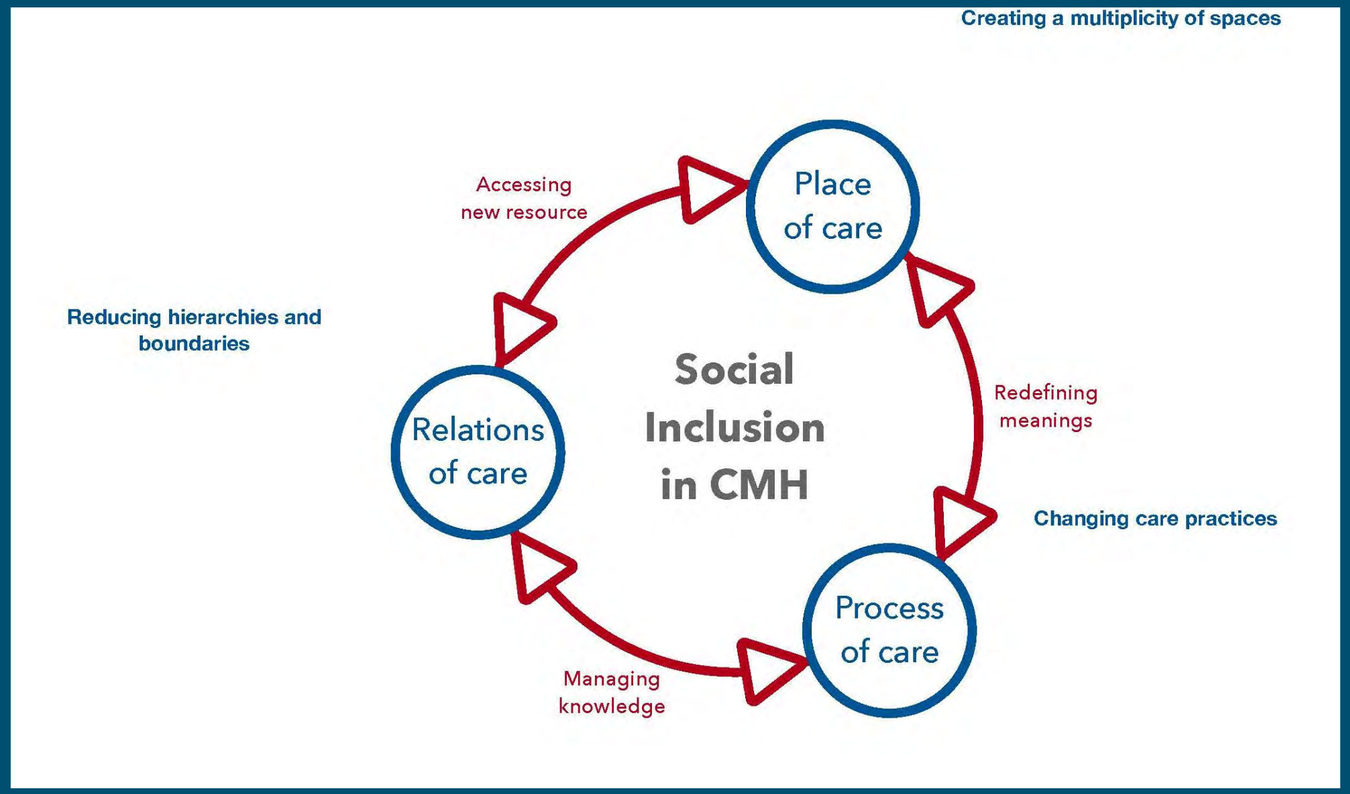


Dr Sumeet Jain

Email: sjain@ed.ac.uk

Twitter: @SumeetJain_SKB

Social innovation in community mental health care in India



- What are innovative practices amongst Indian mental health NGOs?
- How can NGOs be supported to share grassroots knowledge and practices?

The student perspective

Talk to a current student

- Have you got a question you would like to ask a current student in the School of Social and Political Science?
- Chat with a student ambassador here:
  - www.ed.ac.uk/studying/undergraduate/applicants/talk-to-current-students

The student perspective

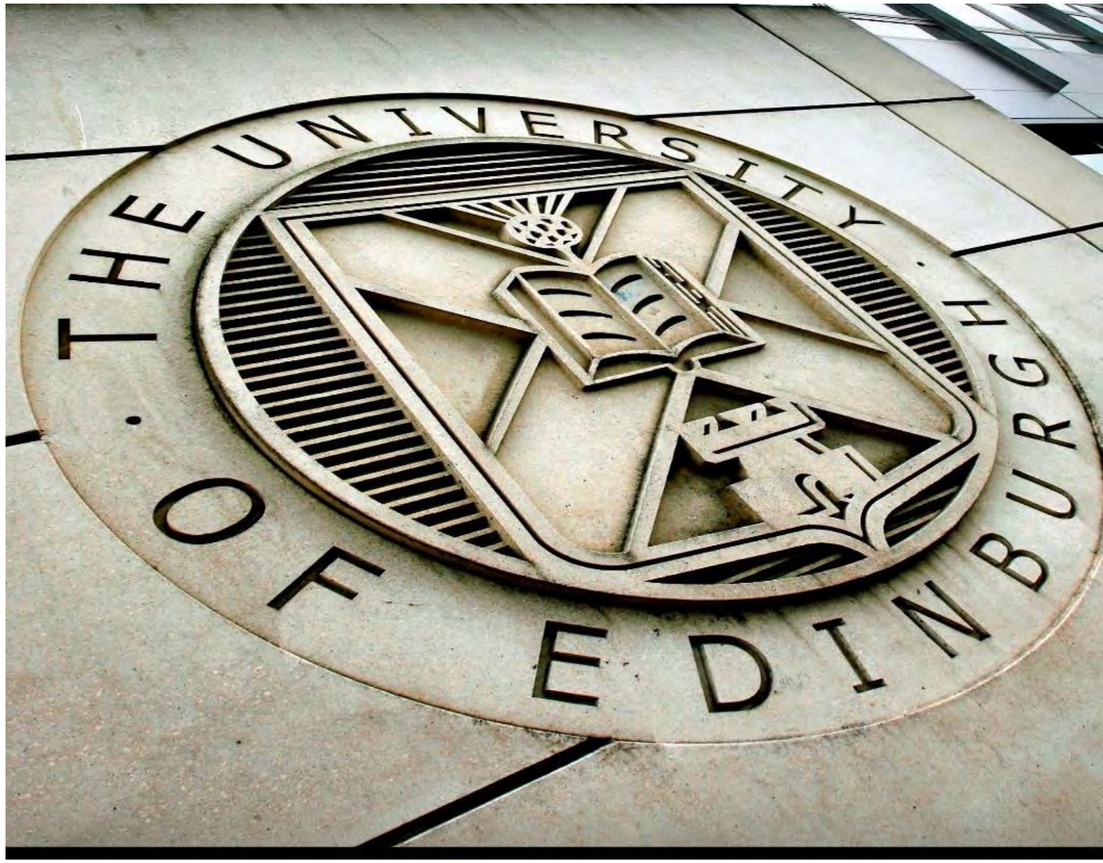
- Our team of SPS student writers share their experiences and thoughts on the things that matter to them on our student blog.
- Check out the blog here:
  - blogs.ed.ac.uk/students-at-sps/

Global Mental Health research @ Edinburgh

- Community mental health in South Asia
- Maternal mental health
- Ethical dimensions of global mental health
- War, gender and relationships
- Trauma
- Migration (seeking asylum, gaining refugee status) and mental health
- Stigma and mental health
- Globalisation of pharmaceuticals
- Psychological interventions
- Social interventions
- Ethnographic and participatory methods
- Suicide Cultures research group
- Child and Youth Studies research group

Studying Global Mental Health and Society at the University of Edinburgh

- Flexible and cutting edge programme in one of the oldest and most international universities
- A critical inter-disciplinary approach to global mental health
- Affiliated across three subject areas: Social Work, Edinburgh Centre for Medical Anthropology, and Clinical Psychology



Programme Structure

Courses 2024-25

Compulsory courses

- Critical approaches to Global Mental Health and Social Change
- Culture and Mental Health in a Global Perspective
- Inter-disciplinary approaches to global mental health: practice, policy and research
- Dissertation (MSc)

Critical approaches to Global Mental Health and Social Change

- On completion of this course, the student will be able to:

- Develop critical understanding of the historically and culturally contextualized nature of 'mental health', 'well-being' and related concepts.
- Critically engage with current policy and academic debates on approaches to addressing global mental health, well-being and social change.
- Demonstrate conceptual understandings of how cultural and social factors shape mental health and well-being in the 'global south'.
- Apply knowledge to critically analyse innovative policies and practice that address mental health, well-being and social change in the 'global south'



Culture and Mental Health in a Global Perspective

- By the end of this course you will be able to:

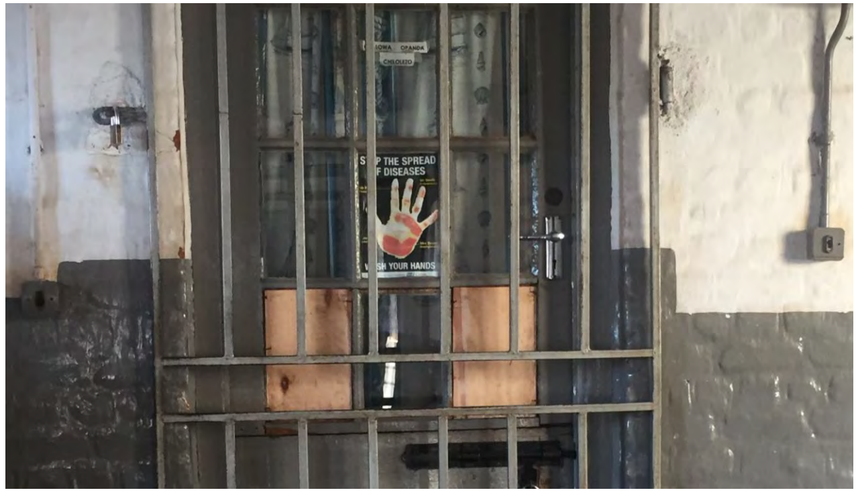
- Offer an overview of key topics relating to how the notion of culture figures in global mental health
- Describe different analytical approaches to key themes in global mental health
- Critically reflect upon key concepts in global mental health
- Evaluate the appropriateness of distinct analytical approaches to present or future fields of research into global mental health



Inter-disciplinary approaches to global mental health: Practice, Policy and Research

- Learning Objectives:
  - Reconceptualize key issues in global mental health from multiple academic and professional perspectives, enabling an interdisciplinary understanding of these issues.
  - Develop an awareness of practical applications of interdisciplinary perspectives in global mental health research, policy and practice.
  - Use interdisciplinary perspectives to undertake critical reflection on key research, policy and practice challenges in global mental health
  - Use your knowledge to present an integrated perspective on global mental health to potential audiences.
  - Critically engage with current tensions in this field around inter-disciplinary approaches, as applied to implementation in global mental health.





Options – examples of likely offerings

- Social Anthropology
- Anthropology of health and illness
- Anthropology of global health
- Social Work
- Social Work in Communities
- Working with Self & Others: Skills Theories & Methods
- Refugees, Health and Humanitarian Action
- Global Perspectives on Child and Adolescent Mental Health
- Evaluation Research Methods
- Global Public Health
- Population Health and Health Policy
- Global Politics of Public Health

Social Determinants of Health and Public Policy

Health and Human Rights

International Development

People First: The Anthropology of International Development

Politics and Theories of International Development

Interpreting Development: Institutions and Practices

Gender and Development

School of Health in Social Sciences

Homelessness and Inclusion Health

Body Talk: Embodiment, Physical Dialogue and Authentic Movement

Counselling across Languages and Cultures

Creative Therapies with Children and Young People

Counselling Children and Young People

Global Public Health: A critical approach to health improvement

Organizational Studies

Organising for Social Change: Strategy, Governance & Innovation

Education

Global Childhoods and Human Rights

Involving Children and Young People: Research and Participation

Global Perspectives on Child and Adolescent Mental Health (PGSP11602)

- 20-credit optional course
- 2 assessments:
  1) 20% group presentation, and
  2) 80% written assignment
- Learning outcomes: On completion of this course, students will be able to:
  - Critically conceptualise childhood and adolescence in a global context
  - Identify the implications of the tensions around child and adolescent mental health policy and practice
  - Integrate disciplinary perspectives and frameworks to develop critical insight into child and adolescent mental health in a global context



Image credit: Alfonso Scarpa via Pixabay

Dissertation

- A single piece of independent and in-depth research. The 15,000 word dissertation allows you to focus on a preferred topic from within the field, normally based on a subject you have studied in one of your courses during the programme.
- You will be assigned an academic dissertation supervisor who will provide you with support and guidance while you research and write your dissertation.
- The dissertation is written in the summer months (April to August) after the taught courses are successfully completed

Standard Dissertations - examples

- ‘Meaning Making and Transformative Growth Post Psychotic Break’
- ‘Understanding the impact burnout and implicit stigma of mental health workers have on suicidal patients respectively’
- 'Climate change and mental health’

- MSC Dissertation library is available here

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Placement-based Dissertations

Placement in Nepal

Placement based Dissertations - examples

- ‘Understanding the operation of the ‘Home based approach of community care’ among the tribal community as adopted by MHAT’
- ‘Does the City of Edinburgh have quality green and blue spaces to support mental wellbeing at its University of Edinburgh campuses and the wider City of Edinburgh, in the context of a 15 minute city?’
- 'The psychosocial impact, recovery, and resilience amongst victims of Gender Based Violence in Nepal’
- 'Mental health innovations (Ember)'

Submitting your course choices

- The teaching office will send you the course choice form in early August.

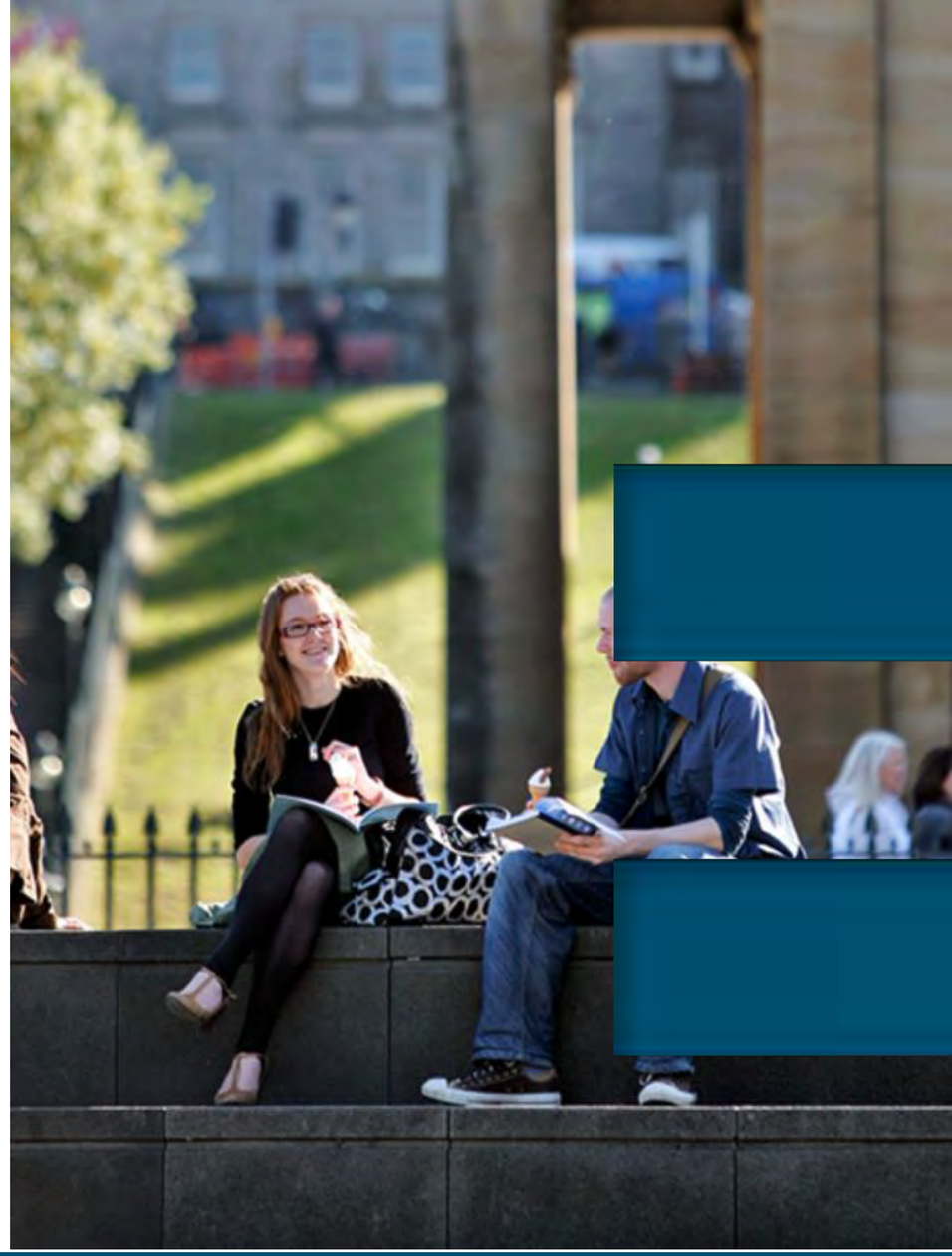
- If you want to get ahead, you can check your course options at - http://www.drps.ed.ac.uk/24-25/dpt/drps_sps.htm



Studying and Learning

How we study & learn

- Lectures
- Seminars
- Case studies and exercises
- Self-led/Group Study
- Independent Research
- Dissertations



Learning principles

- Critical engagement and inter/transdisciplinarity
- Interface between theory and practice
- Use of research-led case studies
- Flipped-classroom approach: supports student autonomy and active engagement in learning processes appropriate to Masters-level studies.

Support for learning and teaching

- Programme Director
- Student Advisor
- Dissertation supervisor
- Student Development office: https://www.sps.ed.ac.uk/students/postgraduate/new-students/development-office
- Institute for Academic Development: https://www.ed.ac.uk/institute-acadsc-development/postgraduate
- Peer study groups

Life at The University of Edinburgh

- 5 elected full-time Sabbatical Officers, 5 elected part-time Liberation Officers, and 8 part-time Section Representatives* to represent your needs and interests

- Over 450 student Societies, Volunteering Groups and Peer Learning and Support Schemes

*Section Representatives represent students from the following groups: Commuter Students, International Students, Mature Students, Part-time Students, Student Carers, Student Parents, University-wide PGT representative and University-wide Postgraduate Research Representative



Once you've started in September, you can run as representative of your programme, or even the School-wide Postgraduate Taught (PGT) Rep

Life at The University of Edinburgh

- Over 70 Sports clubs and teams
- Competitively-priced student gym membership
- City-wide student discounts
- Student counselling service
- Learning support and disability service
- The Advice Place



Student Development Office

- Workshops on professional, personal and academic skill building
- 1:1 skills coaching
- Cohort Building activities
- Funding opportunities to support development
- Edinburgh Award and Professional Development Certificates
- School-wide events and activities

Summer reading

If you would like to get ahead with some reading over the summer, we would suggest:

- Chiumento A, MacBeth A, Stenhouse R, Segal L, Harper I, Jain S (2024) A vision for reinvigorating global mental health. PLOS Glob Public Health 4(4): e0003034. https://doi.org/10.1371/journal.pgph.0003034
- White, R. G., Jain, S., Orr, D. M., & Read, U. M. (Eds.). (2017). The Palgrave handbook of sociocultural perspectives on global mental health. London: Palgrave Macmillan.
- Kohrt, B. A., & Mendenhall, E. (Eds.). (2016). Global mental health: Anthropological perspectives (Vol. 2). Routledge.



What happens next?

- Accept and meet conditions of offer
- Visa and immigration: StudentImmigration@ed.ac.uk
- Apply for accommodation: https://www.accom.ed.ac.uk/
- Check SPS New students webpage for info on accessing your timetable, welcome week and more

(Welcome Week starts Monday 9 September)



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Thank you
Any questions?

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Contact details for follow-up questions

We apologise if we did not get through all of your questions in the time allotted for this session. If you have further questions that have not been answered, please contact us:

Admissions: futurestudents@ed.ac.uk

Michelle:
Michelle.Terrell@ed.ac.uk

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